



## Legends Hockey Camps 2015

2015 will be the 7th year that we have run Legends Hockey Camps at Princethorpe College. These camps are always fully booked and are a wonderful mix of hockey, social activities and excellent food. The camps are staffed by the best youth hockey coaches in the UK and include up to 25 pitch side staff, a pastoral team and a catering group. In all, the ratio of staff to players is normally 1:5.



There is no hockey camp quite like Legends! Nowhere else can you camp overnight, have an al fresco breakfast in the company of some of the best known hockey stars in England, learn some amazing skills, play in a tournament, dance at a Silent Disco, meet new friends and have a great time from start to finish.



Our camps cater for the beginner through to junior England internationals. So whether you are a young seven year old just starting out, someone who just wants to play and learn some hockey, or if you aspire to play for your country, then we have the right programme to suit you.



We give you the opportunity to learn the game, both outdoors and indoors, from coaches who have played in the Olympic Games, we run master classes and strength and conditioning sessions. Off pitch, we deliver; special meals, water slides, silent discos and much much more. In 2014, we even brought in an ice cream van that served free cones and ices!

### CAMPS 2014

The summer camps 2014 all went off well. There were many new aspects to them but most notably we turned our attention back to what makes Legends so special. We went back to our core values and spent much time ensuring that:

1. Every level of player was placed in a programme that suited their level and ambition
2. The coaches were allocated according to their expertise
3. The programme was different for each camp
4. The sessions for the experienced players would not be based on skills developed within the 'single system' but the players who needed to work on those skills were catered for
5. The main meal of the day was much more than an eat and go experience but rather an event in itself.



We crammed a lot into the few days but we know from the feedback that the players had a great time.

## **CAMPS 2015**

### **Summer camps (SC1 and SC2)**

Each of the summer camps will be available for beginners through to experts. BEGINNERS will work on appropriate core skills whilst the more competent will follow a more in depth programme. EXPERTS can choose to work in either the advanced or performance groups. The ADVANCED GROUP will work to develop their higher level skills and techniques while the PERFORMANCE GROUP will follow a very intense plan.

**Summer camp 1. (SC1)** - Tuesday 28 July to Friday 31 July 2015

**Summer camp 2. (SC2)** - Tuesday 4 August to Friday 7 August 2015

Camp fees remain as they were in 2013 and 2014:

Day students £200

Full students £225.

All costs include breakfast, lunch, dinner and snacks and drinks each day.

### **Booking Method**

**First time at Legends:** email [colindexter@sky.com](mailto:colindexter@sky.com) requesting a booking form. A place will be reserved for 2 weeks or until the form and payment is received.

**Been at Legends before:** email [colindexter@sky.com](mailto:colindexter@sky.com) with the names of those being booked and which camp(s) you will then receive an email to confirm the place.

### **Payment Method**

**Cheque:** Payable to Legends Hockey and sent to: Mr C J Dexter at 111 Bilton Road, Rugby, CV22 7AS. You can pay the whole amount immediately or send in 2 cheques one of which can be post-dated to a later date that suits your budget.

**Transfer:** Sort code 07:01:16, account number 31685299. The reference should be the players name (eg Billy Bragg) and the camps being paid for (eg C1 or C2 or C1&C2)

**Cards:** other than American Express we can accept most debit and credit cards. Please call Colin Dexter on 01788 572135 if you want to use this method.

Colin Dexter